

## 15. International TAO Congress 27 to 29 September 2018 in Graz/Austria

Dear Colleagues!

We'd sincerely like to invite you to our TCM Congress. We have prepared lots of very interesting topics for you. The main topic of this year's TAO congress is "The fire element-Shen and emotions". A second focus is on the treatment of myofascial issues. In addition, inspiring lectures from the field of dermatology, gynaecology, paediatrics and endocrinology will be presented.

Choose from our wide range of lectures and workshops on diagnostics, TCM, Chinese herbs, acupuncture, earacupuncture & auriculomedicine, Qigong and Western herbal medicine. Considering the positive response in the last year, our congress location will be the "Steiermarkhof" in Graz again. We are convinced that we can host a nice and relaxed conference there. It is gratifying that the nutrition day of the TCM nutritionist association "g5e" has meanwhile established as an integral part of our congress .

We have once again succeeded in inviting top-class speakers from all over the world to provide informative lectures and exciting workshops, world-renowned speakers who rarely perform in Austria. Of course, the focus will again be on practicality; you will be able to implement what you have learned in your daily work immediately.

Take advantage of this opportunity - unique in Austria - to experience TCM, feel the cosy atmosphere and the inspiring ambiance of our TAO Congress. Undergo further education in small groups, where you still have the opportunity to speak with the lecturer personally, meet colleagues and make friends for professional exchange or for a leisurely conversation.

Come to this special event and you will feel it - "TAO: Traditional - Amicable - Austrian" Leopold Dorfer, Peter Aluani and Olivia Krammer-Pojer

### IMPORTANT INFORMATION!

#### CONGRESS SCHEDULE:

On all three days mostly practice-oriented WORKSHOPS are held. PLENARY LECTURES will take place on Friday between 10.45-13.00 o'clock and on Saturday from 08.30- 13.00 clock. There are no video recordings of workshops and lectures. PRE- and AFTER-COURSES complete the congress.

**CONGRESS LOCATION:** Steiermarkhof, Ekkehard-Hauer-Straße 33, 8052 Graz, AUSTRIA

**STARTINGTIME:** Thursday 9:15 am and Friday & Saturday 8:30 pm

**ENDTIME:** 6 pm

We ask you to register for the favoured workshops. Of course, you can also attend other workshops depending on availability. For workshops with A LIMITED NUMBER OF PARTICIPANTS (max x TN) a FIXED REGISTRATION is required. A first come first served system will be applied. The English lectures and workshops will not be translated!

On Friday there will be another Nutrition Day organized by the association g5e with very interesting speakers, which you can also visit free of charge with your congress card. On Saturday a PUBLIC CONGRESS for laymen will take place too!

The PDF **HANDOUTS** of all workshops will be published on the congress website in a secure area. Two weeks before the start of the congress, you will receive a link via email, where you can download and print out the handouts. You will additionally receive the CD with the handouts of all workshops free of charge at the congress.

#### PHOTOS:

We would like to inform you, that photos are made at the venue and may be published for the purpose of documenting the event.

## **SOCIAL PROGRAM:**

Friday, 28.09.2018, 18:45

CONGRESS PARTY in Steiermarkhof "TCM ROCKS"

Costs include dinner: € 35,00 / person; Drinks: not included.

Registration is requested.

For any **HOTEL BOOKINGS**, please contact directly:

Graz Tourismus und Stadtmarketing GmbH - Barbara Kollmann

Messeplatz 1, Messeturm, 8010 Graz, Österreich

T: +43/316/8075-49, F: +43/316/8075-55

[km@graztourismus.at](mailto:km@graztourismus.at), [www.graztourismus.at](http://www.graztourismus.at)

## **CONGRESS FEE**

**(10% Early bird deduction for bookings bevor 31, May 2018)**

### **Regular**

1 day ticket 210.00 €

2 days ticket 350.00 €

3 days ticket 450.00 €

**Reduction** (for members of: AGTCM, ASA, Donau Universität Krems, g5e, ICmart, ÖAGTCM, ÖGA, SMS, TCM FV Schweiz, WSTCM)

1 day ticket 200.00 €

2 days ticket 330.00 €

3 days ticket 420.00 €

**Special price** (for members of OGKA, EATCM, DAA, SACAM)

1 day ticket 190.00 €

2 days ticket 310.00 €

3 days ticket 390.00 €

## **Congress Registration:**

<http://www.tcmkongress.at/en/Anmeldung>

## **PRE – and POST CONGRESS COURSES**

Before and after the congress, the OGKA offers all-day courses in Steiermarkhof with renowned speakers:

### **Pre-Courses:**

**Wednesday 9/26/2018** in each case from 9.00 am to 5.00 pm (8 DFP)

#### **Hamid Montakab**

**Acupuncture for Insomnia - Sleep and Dreams in Chinese Medicine (Engl)**

Robert Trnoska

Effects and side-effects of western medical antidepressants, from a TCM point of view (in German language)

### **Post-Courses:**

**Sunday 9/30/2018 from 8.30 am to 4.30 pm (8 DFP)**

#### **Delphine Armand**

**Instant Clinical Result with Balance Method Acupuncture (3) (Engl)**

#### **Bartosz Chmielnicki**

**Feeling 28 classical pulses (Engl) (max. 20 participants)**

Only pre- or post-course without main congress attendance:

Tarif A: € 240, - \* (standard tarif)

Tarif B: € 220, - \* (for colleagues in education as well as retired colleagues)

Tarif C: € 200, - \* (for students, unemployed doctors, cash benefit recipients)

(Price for OGKA members / (\*) non-member surcharge € 30, -)

Please register until June 30, 2018 at [office@ogka.at](mailto:office@ogka.at)!

## PROGRAM, 09/27/2018

### WORKSHOPS, 9.15 - 10.45 am

Focks	Anxiety disorders - when Shen gets agitated
Kubiena	Soups and potions for the soul
<b>Montakab</b>	<b>Traumatic Stress - Management of Physical &amp; Psychological Trauma with Acupuncture (1) (Engl)</b>
Ploberger	Western herbs - Treatment of patterns concerning the element fire
Richter-Friedrich	Integrative Facial Treatment (max: 20 Participants) (1)

### WORKSHOPS, 11.30 - 1.00 pm

Englert	Treatment of neurosis with TCM-chinese herbal therapy to treat disturbances of the Shen
<b>Montakab</b>	<b>Traumatic Stress - Management of Physical &amp; Psychological Trauma with Acupuncture (2) (Engl)</b>
Reininger	Putting through the paces - even important in auriculotherapy
Richter-Friedrich	Integrative Facial Treatment (max. 20 Participants) (2)
Sudowe	Silent inflammation - subclinical inflammation processes as a trailblazer for chronic diseases [Ganzimmun]
Tan-Bleinroth	Western Herbs: Concentration disturbances - differential diagnosis using the system of the 4 Qi imbalances

### WORKSHOPS, 2.30 - 4.00 pm

<b>Ching</b>	<b>ADHD or just plain restless - a beloved child has many names (1) (Engl)</b>
Lemp-Dorfer Schneider	Formulas to help opening the heart Japanese acupuncture - functional diagnosis and testing of the meridians (max. 30 Pax) (1)
Seybold-Kellner	Achievement of Shen, Spirit, lust for life, fire-element and vitality with the tools of CM
Szefpalusi-Eibel	Individual pulse therapy - strengthens the hearth and clears the mind [Enerbalance]
Wesemann	Strengthening Shen, our wonderful spirit, with the right flowers

### WORKSHOPS, 4.30 - 6.00 pm

<b>Ching</b>	<b>ADHD or just plain restless - a beloved child has many names (2) (Engl)</b>
Dorfer Hohl	Antique points in acupuncture Therapy of cardiac diseases with Trikombin-bioresonance [Trikomvit]
Holz knecht	How to improve treating pain, for in most cases not only the body is suffering
Schneider	Japanese acupuncture - functional diagnosis and testing of the meridians (max. 30 Pax) (2)
Seybold-Kellner	PCOS from the view of western medicine and CM and its treatment with acupuncture and herbs

Workshops marked with **(Eng)** and **Bold** will be held in **ENGLISH LANGUAGE** without translation, all the other are in **GERMAN LANGUAGE** only!

## PROGRAM, 09/28/2018

### WORKSHOPS, 8.30 - 10.00 am

Bareza	Qigong and Sanbao-simple exercises for the practical implementation of Sanbao Jing, Qi and Shen
<b>Koekkoek</b>	<b>MOVE-IT! Treatments of movement restrictions caused by pain, paralyses a. other neurological disorders (Eng.)</b>
Krammer-Pojer	Short guide for a TCM support of assisted reproduction
Peroutka (g5e)	Wisdom of the heart and the magic of laughing-strengthening the heart and the mental power
Popat	Treatment of myofascial pain with and without needling

### PLENUM, 10.45 - 1.00 pm

<b>10.50-11.30</b>	<b>MacPherson</b>	<b>Acupuncture for chronic pain - the state of the evidence (Engl)</b>
11.30-11.50	Bahr	Basal weakness of body & soul
11.50-12.10	Irnich	Scientific evidence and practical precondition for the diagnosis of myofascial trigger points
12.10-12.30	Bäumler	Acupuncture for the sensitized patient – a neurophysiological perspective
<b>12.30-13.00</b>	<b>Maimon</b>	<b>Unexpected and outstanding research results in TCM formula (LCS101) and cancer care (Engl)</b>

### WORKSHOPS, 12.30 – 2.00 pm

Weidinger (g52)	Fire element - coming right with diet and western herbs according to CM
-----------------	---

### WORKSHOPS, 2.30 - 4.00 pm

<b>Al-Khafaji</b>	<b>Pompholyx eczema (Dyshidrotic Eczema) (1) (Engl)</b>
Bahr	Basal weakness of body & soul
Hummelsberger	Treatment of thyroid diseases with TCM - Mb. Hashimoto a. Basedow-orbitopathia as an example (1)
Knauer (g5e)	The power of shen-influences & the way it works
<b>Maimon</b>	<b>5 types of depression - Treatment diagnosis of depression (1) (Engl)</b>
Ogroske	Treating cervical dysplasia and HPV-contamination with medicinal mushrooms [MycoTroph]

### WORKSHOPS, 4.30 - 6.00 pm

<b>Al-Khafaji</b>	<b>Pompholyx eczema (Dyshidrotic Eczema) (2) (Engl)</b>
Hummelsberger	Treatment of thyroid diseases with TCM - Mb. Hashimoto a. Basedow-orbitopathia as an example (2)
Irnich	Integrative therapy of myofascial trigger points for head-neck and face disorders
Köstler	The special power of western herbs to strengthen a clear Shen [Life Light]
<b>Maimon</b>	<b>5 types of depression - Treatment diagnosis of depression (2) (Engl)</b>
Splinter (g5e)	Integrative nutritional therapy for Shen disorders

**Workshops** marked with **(Eng)** and **Bold** will be held in **ENGLISH LANGUAGE** without translation, all the other are in **GERMAN LANGUAGE** only!

## PROGRAM, 09/29/2018

### PLENUM, 8.30 – 1.00 pm

08.30-08.55	Lemp-Dorfer	Sleep disorders, points and formulas/prescriptions
08.55-09.20	Chuang	Chuang's style YNSA in hemiparesia, peripheral Bell's palsy and torticollis spasticus
09.20-09.45	Harrer	Fascia
09.45-10.10	Wlasak	Treatment of neurological disorders with implant-acupuncture
11.00-11.30	Kiehl	Treatment of chronic Lyme borreliosis with TCM
11.30-12.00	Nguyen	Catgutt embedding
12.00-12.30	Armand	<b>Introduction: Instant Clinical Result with Balance Method Acupuncture</b>
12.30-01.00	Chmielnicki	<b>Lightening the heart- acupuncture points and strategies to treat the Shen and transform emotions</b>

### WORKSHOPS, 2.30 - 4.00 pm

Armand	<b>Introduction: Instant Clinical Result with Balance Method Acupuncture (1) (Engl)</b>
Chmielnicki	<b>Lightening the heart- acupuncture points and strategies to treat the Shen and transform emotions (1) (Engl)</b>
Harrer	Introduction to the Fascial Distortion Model "FDM" and the Typaldos Method (1)
Kiehl	Successful treatment of chronic Lyme borreliosis with TCM (1)
Wlasak	Implant acupuncture for restless legs syndrome
Xiu	<b>TAO Science - Quantum Physics of Shen, Qi and Jing. A new approach of Healing (1)</b>

### WORKSHOPS, 4.30 - 6.00 pm

Armand	<b>Instant Clinical Result with Balance Method Acupuncture (2) (Engl)</b>
Chmielnicki	<b>Lightening the heart- acupuncture points and strategies to treat the Shen and transform emotions (2) (Engl)</b>
Chuang	Chuang's style YNSA in hemiparesia, peripheral Bell's palsy and torticollis spasticus
Harrer	Introduction to the Fascial Distortion Model "FDM" and the Typaldos Method (2)
Kiehl	Successful treatment of chronic Lyme borreliosis with TCM (2)
Xiu	<b>TAO Science - Quantum Physics of Shen, Qi and Jing. A new approach of Healing (2)</b>

Workshops marked with **(Eng)** and **Bold** will be held in **ENGLISH LANGUAGE** without translation, all the other are in **GERMAN LANGUAGE** only!