

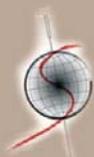
# ICMART XIII

## World Congress 2008

25<sup>th</sup> Anniversary of the International Council  
of Medical Acupuncture and Related Techniques

**‘Medical Acupuncture – Science and Techniques’**  
**Bridge between East-West**

in conjunction with the  
Hungarian Medical Acupuncture Association  
23<sup>rd</sup> National Congress



ICMART



MAOT

**October 10-12, 2008**

Hilton Budapest, Hungary



[www.icmart2008congress.com](http://www.icmart2008congress.com)

# WELCOME NOTES



## Message from the ICMART President:

My dear Friends,

Congresses are important 'milestones' in a scope of events you are passing through the way of 'up and down'.

I can say, it is our 'Via dolorosa', our life...

I believe, all of us are living from one Congress to another, and this life is simply amazing, but not easy. This is just our meetings, that matters, and make sense to our life.

This is just a few days, you are giving up your day-by-day duties, say 'wait!' to your patients, and 'I must be present there!' to your families... You are ready to sacrifice all things round you for just seeing your old friends and newcomers, to feel the whole atmosphere of these unforgettable days... This is a new quality of your professional life, a new experience - a very special one!

But everything in the Universe starts - goes on - and comes to its logical final, according to the Chinese tradition...

And our meetings - too... And you suddenly find yourself a bit confused and sad, as one, and very important part of your professional life is just passing away...

But is there not the same things going round us in our daily life? According to Chinese life cycles, there will be no spring without winter, and no summer without spring...

But then, unfortunately, comes winter, and seems that everything comes to the end and there will be no spring again... But!

'Every cloud has its silver lining...' - they used to say in England. And we hope, that just only one cycle of your life span was over, and, hope, not the last!

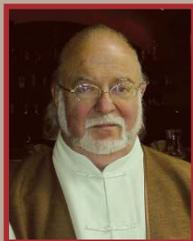
I know, our life starts, goes on and 'our train shall take its start' for another, maybe more interesting, life. And this is only a question of time, when we shall say to one another - 'Goodbye my Friend!', and - 'See you soon!'...

There will be new and more congresses in the future, with or without me, but I know, there will remain something very special after this, very special one. Some deep traces will remain in our hearts... But the heart is the residence of soul, our Shen... Just according to Chinese tradition...

This is why I would like to say to all of you, my dear Friends - welcome to Budapest, to see your Colleagues and newcomers! Enjoy our life together!

*Prof. Nickolay Nickolaev*  
ICMART President





## Message from the ICMART General Secretary:

Dear Colleagues and Friends,

The challenges we face in acupuncture are of many kinds. It is an ancient technique, born in a remarkable civilization and culture, more than 2000 years ago. It had to recently go through the reorganization of its theoretical structure in China, the incorporation, whether justified or not, into the TCM system. When it went beyond the boundaries of the Far East it met with the suspicions and the resistance of the scientific world, to which it has been trying to adapt, and presented great obstacles in terminology, theory and methodology. The struggle with our modern thinking processes and a new vision of man makes these challenges all the more difficult, but also exciting and interesting.

The many facets of the acupuncture world stimulate our thoughts, our efforts to understand, to integrate and to incorporate them in our medical practice, in our research, in our beliefs. The dispersed attempts to harmonize so many aspects are assembled during our Congresses, where practitioners, thinkers, researchers, clinicians meet to exchange their views.

This will happen in Budapest, maybe better than ever. Acupuncture and its related techniques will be discussed, defended, adjusted. New techniques will be presented and old ones explained. The glow of science will try to enlighten the obscure, discard the unnecessary, and put forward the useful.

These happenings are very important for the world of acupuncture and for the health of ICMART. We are going to celebrate in Budapest the 25<sup>th</sup> anniversary of ICMART which was founded in Vienna, 1983. If you have participated in the life of ICMART you must be there for this symbolical event, proof also of the solidity and success of our association.

We shall never stop fighting for, defending and promoting acupuncture, as well as using modern techniques, instruments and knowledge to appreciate and estimate the value of acupuncture.

Long live ICMART!

Long live Acupuncture!

See you in Budapest,

Acupuncturally yours,

*Baron Beyens*  
ICMART General Secretary





## Message from the Congress and Symposium Co-Chair:

Dear Colleagues and Friends of Acupuncture,

In order to cope with the problems of everyday life and the fatigue caused by our responsible work, we need to find something in our lives that causes us joy. For many of us the source of our joy and delight, in addition to our medical vocation, is the science of acupuncture, the special gem of TCM. It is easier to avoid the often cited "burn-out syndrome" if we are able to experience love and joy. An excellent

opportunity to do so is the next port-of-call of the ICMART ship, the World Congress to be held in Budapest from October 10-12, 2008.

For more than twenty years I have been traveling with this ship and have been an active participant at the congresses. It is always a delight for me to meet up with old friends, and to become acquainted with new ones too, at the conferences with their professional highlights.

Those who have been attending ICMART congresses for some years now will remember the Sixth World Congress held in Budapest in 1992. (It was quite a long time ago... Since then, children have grown up, and some colleagues have sadly passed away...) People continued to mention the 1992 congress for many years, because it was an outstanding success.

From October 10-12, 2008 – sixteen years after the last conference in Budapest – the Hungarian Medical Acupuncture Association of Hungary will again host the ICMART World Congress. We feel ourselves duty-bound to offer you a similarly pleasant experience in 2008. This year, however, the event will be enhanced by the fact that we shall be celebrating the 25th anniversary of ICMART's foundation. The elegant building of the Hungarian Academy of Sciences will serve as the venue for ICMART's 25th anniversary celebrations, in itself an expression of Hungary's recognition of our science in line with the official Hungarian declaration of 1997.

We trust that those of you who come to Budapest and experience its beautiful location and fine art nouveau architecture will return home with unforgettable memories. In addition to a series of excellent lectures by professional experts from around the world, there will also be opportunities for conference participants and their companions to enjoy the famous Hungarian hospitality and culinary specialties, as well as to see the sights of the city. The ICMART award, the Antal LANER life's work memorial prize, will be presented to those who have achieved excellence.

Dear Colleagues from around the world, come and take part in this great event, enjoy the experience, and acquire new knowledge, so that in your everyday lives you can assist your patients with renewed strength. On behalf of the members of the Organizing Committee, I guarantee you a pleasant and worthwhile stay in Budapest, on a hopefully beautiful autumn weekend.

*Prof. Gabriella Hegyi MD.PhD.*  
co-chair of ICMART XIII



## CONGRESS INFORMATION

### Congress Presidents

*Nickolay Nickolaev*, Latvia, ICMART president, chair of ICMART XIII  
*Gabriella Hegyi*, Hungary, co-chair of ICMART XIII

### Local Organising Committee

*Gabriella Hegyi*, Hungary - chair of committee  
*Géza Bodor*, Hungary  
*Róbert Csiszár*, Hungary  
*Éva Drávetzky*, Hungary  
*Szilárd Hamvas*, Hungary  
*Tamás Nyitrai*, Hungary  
*Vilmos Rajna*, Hungary  
*Kornélia Saáry*, Hungary  
*András Szabó*, Hungary  
*Róza Szöllősy*, Hungary  
*Ákos Várkonyi*, Hungary

### Scientific Committee

*Gabriella Hegyi*, Hungary – chair of committee  
*Jacqueline Filshie*, United Kingdom  
*Bryan L. Frank*, USA  
*Szilárd Hamvas*, Hungary  
*Helmut Liertzer*, Austria  
*Nickolay Nickolaev*, Latvia  
*István Pesztenlehrer*, Hungary

### ICMART Committee

*Nickolay Nickolaev*, Latvia, president  
*Baron François Beyens*, Belgium, general secretary  
*Bryan L. Frank*, USA, immediate past president  
*Walburg Maric-Oehler*, Germany, vice president  
*Isabel Giralt*, Spain, vice president  
*Daniel Traum*, Australia, vice president  
*Palle Rosted*, Denmark, treasurer  
*Jacqueline Filshie*, United Kingdom, director at large  
*Helmut Liertzer*, Austria, director at large

### Scientific Information

*Gabriella Hegyi*  
chair, Local Organising Committee &  
president, Hungarian Medical Acupuncture Association  
Address: H-1196 Budapest, Petofi u. 79.  
E-mail: [drhegyi@hu.inter.net](mailto:drhegyi@hu.inter.net)  
Phone/fax: + 36 1 281 3035



## **International Honorary Committee**

*Steven Aung, Canada*

*Tiberiu Brenner, Italy*

*Chin Chan, Australia*

*Dumitru Constantin, Romania*

*A. Doorgest, The Netherlands*

*Ladislav Fildan, Czech Republic*

*Bryan L. Frank, USA*

*Isabel Giralt, Spain*

*Gilbert Lambrechts, Belgium*

*Jasna Lukic-Nagy, Croatia*

*Walburg Maric-Oehler, Germany*

*Joseph Mezei, Romania*

*Helmut Nissel, Austria*

*Wolfgang Ortner, Austria*

*Hong Jin Pai, Brasil*

*Jonathan Rae, United Kingdom*

*Marshal Sager, USA*

*Oswaldo Sponzilli, Italy*

*H.H. Van der Meiden, The Netherlands*

*Rainer Wander, Germany*

*Piotr Wozniak, Poland*

## **Conference Bureau**

*Károly Bagdi, general manager*

*Máté Lukácsi, project manager*

Convention Budapest Ltd.

Address: H-1461 Budapest, P.O.Box 11.

E-mail: [kbagdi@convention.hu](mailto:kbagdi@convention.hu); [mlukacsi@convention.hu](mailto:mlukacsi@convention.hu)

Phone: + 36 1 299 0184, -85, -86

Fax: + 36 1 299 0187

## **Venue of the Conference**

Hilton Budapest (Castle Area)

Address: H-1014 Budapest, Hess András tér 1-3.

E-mail: [info.budapest@hilton.com](mailto:info.budapest@hilton.com)

Phone: + 36 1 889 6600

Fax: + 36 1 889 6644



## **Main Topics**

- Medical acupuncture as a part of the 21<sup>st</sup> century medicine
- Auricular therapy and practice
- Rehabilitation for residual symptoms in chronic patient
- Pain syndromes
- Epilepsy in childhood and adults
- Neuraltherapy as a part of integrative health care
- New and latest developed techniques

The above topics will be completed in the congress programme by free paper presentations (oral and poster), round tables with experts and workshops.

## **Preliminary List of Invited Speakers**

(the list below is subject to alteration)

*Steven Aung*, Canada

*Baron François Beyens*, Belgium

*Tiberiu Brenner*, Italy

*Christer Carlsson*, Sweden

*Gustav J. Dobos*, Germany

*Jacqueline Filshie*, United Kingdom

*Bryan L. Frank*, USA

*Isabel Giralt*, Spain

*Jochen Gleditsch*, Germany

*Emil Iliev*, Bulgaria

*Dominik Irnich*, Germany

*Miltiades Karavis*, Greece

*Yong-Suk Kim*, Korea

*Linda Kluger*, Austria

*Walburg Maric-Oehler*, Germany

*Ádám Mester*, Hungary

*Nickolay Nickolaev*, Latvia

*Wolfgang Ortner*, Austria

*Thomas Ots*, Germany

*András Szász*, Hungary

*Taras Usichenko*, Ukraine

*Rainer Wander*, Germany

*Toshikatsu Yamamoto*, Japan

## **Abstract Submission**

All abstracts should be submitted in English, only abstracts submitted online at the congress website will be considered. After completing all the required fields, please copy your abstract to the designated space on the site. Maximum word count for abstracts: 250 words. Please only use international English characters as characters specific to your country may not be readable at our end.

Deadline for abstract submission: May 1, 2008.

Acceptance of the abstracts (oral or poster presentation) will be confirmed in writing by May 31, 2008.



## REGISTRATION

For registration, please register online or use the enclosed registration form - use one form per participant. You may also download the form from the official congress web page and send it to us as an e-mail attachment.

All applications should be accompanied either by bank transfer payment of the full registration fee and the total amount of lodging costs. Registration forms should be sent to the conference bureau.

**Registration fees (incl. 20% V.A.T.):**

	<b>Paid before June 30, 2008</b>	<b>Paid after June 30, 2008</b>	<b>On site registration</b>
Member delegate	350 EUR	400 EUR	450 EUR
Non-member delegate	425 EUR	475 EUR	525 EUR
Accompanying person	80 EUR	80 EUR	80 EUR
Gala dinner	50 EUR	50 EUR	50 EUR
Budapest sightseeing tour	35 EUR	35 EUR	35 EUR
3 days public transport pass* (valid October 10-12, 2008)	15 EUR	15 EUR	not available
7 days public transport pass* (valid October 10-16, 2008)	18 EUR	18 EUR	not available

\*Public transport passes will be handed over to you at the registration desk on Friday, October 10, 2008 the earliest. If you plan to use the public transport system before Friday, you are kindly advised to purchase your additional tickets/pass on your own once arrived to Budapest.

### Registration fee for participants includes

- access to the scientific programme and the exhibition area,
- final programme and abstract book,
- congress bag,
- welcome concert and ICMART 25th Anniversary celebration followed by the welcome reception at the Hungarian Academy of Sciences on Friday evening including bus transfer from the Hilton Budapest to the Academy and back to the official congress hotels,
- buffet lunch on Friday and Saturday,
- 5 coffee and 5 soft drink tickets to be used during breaks.

### Registration fee for accompanying persons includes

- welcome concert and ICMART 25th Anniversary celebration followed by the welcome reception at the Hungarian Academy of Sciences on Friday evening including bus transfer from the Hilton Budapest to the Academy and back to the official congress hotels,
- half-day Budapest city tour.



## Social programmes included in the registration fee

### Welcome concert, ICMART 25<sup>th</sup> anniversary and welcome reception

Friday, October 10, 2008

Upon closing of the scientific programme at the Hilton, delegates will be transferred by bus to the Hungarian Academy of Sciences to listen to a special concert arranged exclusively for the celebration of the 25<sup>th</sup> Anniversary of ICMART, followed by a welcome buffet reception. After closing of the programme, delegates will be returned to the official congress hotels by bus or you may even decide to return to your hotel within 20 minutes walking distance enjoying the splendid panorama of the 2 banks of the Danube.

### Optional social programmes

#### Budapest sightseeing tour

Friday, October 10, 2008 between 10:00-14:00 hrs and on

Saturday, October 11, 2008 between 14:00-18:00 hrs.

#### Gala dinner

Saturday, October 11, 2008

Typical Hungarian evening in an equestrian park close to Budapest, operated by the Lázár-brothers, holding a total of 11 world championship title in coach driving. Programme includes a horse show, gipsy music and Hungarian folklore. Bus transfer from hotel to dinner venue takes about 50 minutes.

### ACCOMMODATION RESERVATION

The congress will be located at the Hilton Budapest in the Castle District. The Castle District is a historical touristic area, therefore its accessibility with public transfer is somewhat restricted. Delegates are strongly recommended to stay at the official congress hotels in order to minimise time spent on transportation.

No shuttle will be provided from the congress hotels to the congress venue.

Rooms at special conference rates have been reserved at the following hotels:

#### Hilton Budapest\*\*\*\*\*, venue of the congress, 200 rooms reserved

Address: H – 1014 Budapest, Hess András tér 1-3.; Website: [www.danubiushotels.com](http://www.danubiushotels.com)

Location from city centre by public transport (Deák square): 30 minutes

Location from congress venue: 0 minute

- single room with breakfast: 180 EUR / room / night
- double room with breakfast: 200 EUR / room / night

#### Hotel Kulturinnov\*\*, 50 metres from congress venue, 12 rooms reserved

Address: H – 1014 Budapest, Szentháromság tér 6.; Website: [www.mka.hu](http://www.mka.hu)

Location from city centre by public transport (Deák square): 30 minutes

Location from congress venue: 1 minute walking distance

- single room with breakfast: 55 EUR / room / night
- double room with breakfast: 75 EUR / room / night



**Burg Hotel Budapest\*\*\***, 100 metres from congress venue, 10 rooms reserved

Address: H – 1014 Budapest, Szentháromság tér 7-8.;

Website: [www.burghotelbudapest.hu](http://www.burghotelbudapest.hu)

Location from city centre by public transport (Deák square): 30 minutes

Location from congress venue: 2 minutes walking distance

- single room with breakfast: 105 EUR / room / night
- double room with breakfast: 115 EUR / room / night

**Carlton Hotel Budapest\*\*\*\***, 750 metres (downhill) from congress venue,  
15 rooms reserved

Address: H-1011 Budapest, Apór Péter utca 3.; Website: [www.carltonhotel.hu](http://www.carltonhotel.hu)

Located between the congress venue and the city centre, both of them is to reach within  
8-12 minutes walking distance.

- single room with breakfast: 85 EUR / room / night
- double room with breakfast: 100 EUR / room / night

**Mercure Budapest Buda\*\*\*\***, 850 metres (downhill) from congress venue,  
100 room reserved

Address: H-1013 Budapest, Krisztina krt. 43-45.; Website: [www.accorhotels.com](http://www.accorhotels.com)

Location from city centre by public transport (Deák square): 15 minutes

Location from congress venue: 12 minutes walking distance

- single room with breakfast: 115 EUR / room / night
- double room with breakfast: 132 EUR / room / night

**Novotel Budapest Danube\*\*\*\***, 1.000 metres (downhill) from congress venue,  
20 rooms reserved

Address: H-1011 Budapest, Bem rakpart 16-19.; Website: [www.artotel.hu](http://www.artotel.hu)

Location from city centre by public transport (Deák square): 10 minutes

Location from congress venue: 15 minutes walking distance

- single room with breakfast: 130 EUR / room / night
- double room with breakfast: 147 EUR / room / night

Accommodation requests should be sent to Convention Budapest Ltd. by July 31, 2008,  
the latest, by using the registration form.

Room reservation will be confirmed in writing on a first come first served basis as soon as  
the full amount of your reservation has been received. Room reservations will be auto-  
matically released in case the full amount of your stay is not paid by September 15, 2008.  
Please note, that the full accommodation costs should be remitted to Convention  
Budapest.



## METHODS OF PAYMENT

### Bank transfer details

Company: Convention Budapest Ltd.  
Bank: K&H Bank Nyrt.  
Bank address: H-1051 Budapest, Vigadó tér 1., Hungary  
IBAN: HU26 1020 1006 6019 5559 0000 0000  
SWIFT: OKHBHUHB

### Credit card

In case of credit card payment, please also provide your 3 or 4 digits card verification code (CVV), so that the transaction can be executed for sure.

## CANCELLATIONS

Cancellations must be made in written form. Should you need to cancel your registration and/or accommodation, please note that the following amounts will be retained as a cancellation fee:

### Registration fees

Before August 15, 2008: full refund minus 20 % administration charges  
After August 15, 2008: no refund will be made onwards

### Hotel accommodation

Before August 15, 2008: full refund minus 20 % administration charges  
After August 15, 2008: no refund will be made onwards

## GENERAL INFORMATION

### Visa

Entry visa for a short-term stay in Hungary is not required for the European Union members, USA, Canada, and Japan. For further information about visa and other requirements, please contact the Hungarian embassy or consulate in your respective countries. Invitation letters will be issued by the conference bureau and will be sent to participants. Cost of invitation letters to be sent by express mailing shall be paid by the delegate.

In case of any other visa question, please contact the web site of the Ministry of Foreign Affairs as follows: [www.mfa.gov.hu](http://www.mfa.gov.hu)

### Arriving at Budapest

Upon arriving at Ferihegy Airport you shall take Zona Taxi, the official airport taxi company. The taxi charge from the airport to the congress venue will cost cca. 18 EUR.

At the airport you may also take the minibus service. The fixed price for the Airport Minibus Service is about 10 EUR (return ticket is 15 EUR), which will take you to any destination in Budapest and also pick you up at your hotel for your return flight.

For any taxi trip made within Budapest, you are strongly recommended to use the well-known taxi companies or ask for a taxi at your hotel reception.

Using public transport from the airport to the congress hotels is not recommended due to several changes on your trip.



## Climate

Hungary has a continental climate with mid-October temperatures between 12-17 Celsius during the day and 8-12 in the evening and morning hours.

## Language

The official language of the conference is English. No interpretation will be provided to any other language.

## Insurance

The organisers do not accept any responsibility for injuries/damages or losses sustained by persons or personal belongings during the conference. Participants are therefore strongly advised to carry appropriate travelling and health insurance.

## Important dates

Deadline for abstract submission	May 1, 2008
Confirmation of acceptance of abstracts	May 31, 2008
Early registration fee	June 30, 2008
Deadline for hotel reservation	July 31, 2008
Deadline for reduced cancellation fee	August 15, 2008
ICMART XIII World Congress	October 10-12, 2008



## Conference Bureau

Convention Budapest Ltd.

H-1461 Budapest, P.O.Box 11.

Phone: + 36 1 299 01 84, -85, -86

Fax: + 36 1 299 01 87

E-mail: [icmart2008congress@convention.hu](mailto:icmart2008congress@convention.hu)

## Further Information

[www.icmart2008congress.com](http://www.icmart2008congress.com)

