



ICMART LEXICON of Medical Acupuncture

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International
Council of
Medical
Acupuncture and
Related
Techniques





CANADA



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NATIONAL/REGIONAL PRACTICES

A. Type(s) of Medical Acupuncture most commonly practiced:

1. Classical Traditional Chinese Acupuncture

- Classical Traditional Chinese Acupuncture is based on Traditional Chinese philosophy (Yin/Yang, five elements, organ systems, Qi, blood essence and fluid, organ clock, and others)

2. Neuro-Anatomical Acupuncture

- Neuro-Anatomical Acupuncture is based on central, autonomic, sympathetic, para-sympathetic nervous systems, and dermatome nerve roots

3. Body, Mind, and Spirit Acupuncture

- Body, Mind, and Spirit Acupuncture is based on vital energetic alignment. The key therapy is to re-align the energy of the body.

4. Micro-System Acupuncture

- Micro-System Acupuncture is based on various micro-systems such as (auricular, scalp, nose, hand, and feet). The most popular practice is auricular scalp and hand acupuncture.



B. Education/Training Requirements

Medical Acupuncture Modality	Theoretical Hours	Clinical Hours	Proficiency Testing	Preliminary Practice
Classical Traditional Chinese	120	135	Y	Y
Neuro-Anatomical Acupuncture	?	?	?	?
Body, Mind, and Spirit Acupuncture	?	?	?	?
Micro-System Acupuncture	?	?	?	?

CORE CURRICULUM

1. Classical Traditional Chinese Acupuncture

Core curriculum covers essential topics such as TCM theory and philosophy, TCM etiology and pathogenesis, Yin and Yang, Qi (vital energy) circulation, Tao, the organ/meridian system, Five Elements/Phases theory, the nature of acupoints, the location of acupoints, and TCM diagnostics.

Students will develop practical skills in various TCM therapies and Traditional Chinese medical diagnosis. Topics include the indications, contraindications, complications, and precautions of acupuncture as well as the differentiation of syndromes, and various diagnostic procedures (tongue, pulse, ryodoraku and accu-o-matic). Ancillary techniques are also covered, including acupressure, moxibustion, cupping, electroacupuncture and plum blossom needling.

Core training would help students develop an understanding of the TCM theory of microsystems, which pertains to holographic representation of physiology in various peripheral localizations on the human body. Training encompasses the theory and



application of the major microsystems, including the hand, nose, foot, scalp, and ear (auricular acupuncture).

Core curriculum provides basic “hands on” experience in TCM diagnostic and therapeutic skills in the clinical application of acupuncture. It covers the basic principles for the prescription and selection of acupuncture points and the development of viable treatment plans for various disorders in order to enhance the well-being and quality of life of patients. TCM clinical problem-solving in a spirit of genuine compassion is emphasized.

Teachers are trained in TCM and Western Medicine. They would *tend* to have an undergraduate medical degree (M.D., O.M.D., or C.M.D.).

Assessment would be done by written and oral examination.

2. Neuro-Anatomical Acupuncture

NO INFORMATION PROVIDED

3. Body, Mind, and Spirit Acupuncture

NO INFORMATION PROVIDED

4. Micro-System Acupuncture

NO INFORMATION PROVIDED



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Designed and Compiled by Marshall H. Sager, D.O., D.A.B.M.A, F.A.A.M.A.

With thanks to the contributors:

Mehmet Abut, Steven Aung, Francois Beyens, Chin Chan, Mike Cummings, Isabel Giralt, Gabriella Hegyi, Emil Iliev, Helmut Liertzer, Walburg Maric-Oehler, Nikolaj Nikolajev, Chun Lee Oei Tan, Helena Pinto-Ferreira, Krunoslav Reljanović, Marshall Sager, Tatjana Solomonidou, S. Sukarto, Khatuna Urushadze, Dimitrios Vasilakos and others.