



ICMART LEXICON of Medical Acupuncture

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International
Council of
Medical
Acupuncture and
Related
Techniques





GREECE



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NATIONAL/REGIONAL ACUPUNCTURE PRACTICES

A. Type(s) of Medical Acupuncture most commonly practiced:

1. TCM Acupuncture – Ear Acupuncture
 - The practitioners apply acupuncture according to the theory of TCM. Main points are: yin-yang balance, meridians, location of the acupoints, ear points and Chinese diagnostics and treatments.
2. Simplified Acupuncture
 - The practitioners apply acupuncture according to the modern neuropsychological theories and mostly for the main indications, for example pain problems. Main point is the neurophysiologic response.
3. Electroacupuncture
 - Practitioners use electro- machines connected with the needles at the acupoints to treat several problems.
4. Laser Acupuncture
 - Practitioners use laser machines at several acupoints to treat certain problems.

B. Education/Training Requirements

Medical Acupuncture Modality	Theoretical Hours	Clinical Hours	Proficiency Testing	Preliminary Practice
TCM and Ear Acupuncture	300	100	Yes and No	N
Simplified Acupuncture	200	100	Yes and No	N
Electro or Laser Acupuncture	30	30	N	N



CORE CURRICULUM

1. The training schedule includes the TCM theory: a brief history of TCM, yin-yang and five elements theory, zang-fu organs, qi, blood and body fluid, meridians, acupoints, diagnostic methods, differentiation of syndromes, acupuncture needling techniques, acupuncture treatment, diseases, ear acupoints, and ear treatments.
2. The training schedule includes: a brief introduction of TCM theory (yin-yang theory, five elements, meridians, acupoints, major diagnostic theories) needling techniques, and, mostly, neurophysiologic theories. The diagnostic procedures and treatments are interpreted according to the neurophysiologic theory.
3. Electro acupuncture and Laser acupuncture: practitioners, apart from their main education (1 or 2), receive special training on the operation of these machines.

Instructors should bare a degree from an Acupuncture University or Acupuncture College and long-term practice experience.



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