



# ICMART LEXICON of Medical Acupuncture

ICMART

International  
Council of  
Medical  
Acupuncture and  
Related  
Techniques





# INDONESIA



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### NATIONAL/REGIONAL ACUPUNCTURE PRACTICES

#### **A. Type(s) of Medical Acupuncture most commonly practiced:**

##### 1. Medical Acupuncture Specialist

- Medical Acupuncture Specialist is defined Medical Doctor based on education, training and practice requirement in University and Hospital base. Total education and training : 2000 hours (continuous model : 6 semester)

##### 2. Acupuncture as a part and complementary in Medical Practice

- Acupuncture as a part and complementary in Medical Practice is defining Medical Doctors various discipline specialist (e.g. Anesthesia, Pediatrician, Psychiatrist, Neurologist, Internist, Obstetric-Gynecologist, etc) on education and training to specific requirement to support in practices. Total education and training : 960 hours (multiple entry – multiple exit model)

#### **B. Education/Training Requirements**

Medical Acupuncture Modality	Theoretical Hours	Clinical Hours	Proficiency Testing	Preliminary Practice
<b>SPECIALIST</b>				
Basic theory and clinical practice	400	600	100	200
Acupuncture physiology anatomy correlation	48	36	16	-
Advance clinical acupuncture	240	200	60	100
<b>COMPLEMENTARY</b>				
Basic theory and clinical practice	244	194	92	70
Acupuncture physiology anatomy correlation	40	10	10	-
Advance clinical acupuncture (homepage & face to face tutorial)	120	100	30	50

**Education content:**

1. Acupuncture in basic science : Biomolecular, Biophysics, Anatomy – Physiology – Acupuncture correlation
2. Pathophysiology of medical acupuncture: Neuroscience, Bioenergetic, Endocrinology, Immunology, Metabolism, Reproduction, Aging Process, Pain Medicine.
3. Acupuncture in clinical practice :
  - a. Major: internal medicine, paediatric, neurology, medical rehabilitation, obstetrics, gynaecology, anaesthesia.
  - b. Minor : dermatology, aesthetic cosmetic, psychiatric and drug abuse

**Research:**

- a. Basic science research
- b. Clinical research

**CORE CURRICULUM**

Acupuncture in Indonesia integrated to our health care and medical science is gain value and quality of medical doctor to do in health services, in the field neuroscience medical rehabilitation, obstetric – gynecology, internal medicine, pediatric, pain medicine and drug abused. The scientific explanation of acupuncture given by medical practitioner could hardly acceptance by integrated eastern and western model based on evidence based of medicine usage modern scientific research produces on acupuncture and combine basic medical and scientific investigation lead in the best care to model that can explain all known observation and not contradiction with only of them.

In November 1996, the Department of Health of Republic Indonesia endorsed regulation about acupuncture therapy in formal health services as it is based of supporting role in general acceptance of acupuncture as one of curative discipline in health field.



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