



ACUPUNCTURE = STATE OF THE ART

Acupuncture Evidence Conference
20-21 April 2024
Vienna

International Guidelines increasingly recommend acupuncture!

As the Austrian Acupuncture Society (ÖGA) celebrates its 70th anniversary, we are pleased to highlight the worldwide growing recognition of the importance of acupuncture. The NICE (*National Institute for Health and Care Excellence*) Guidelines in the UK recommends acupuncture for the treatment of chronic primary pain. The *American Society of Clinical Oncology* included acupuncture into its guidelines for treatment of patients experiencing aromatase-inhibitor related pain in breast cancer and also for general pain and musculoskeletal pain from cancer. The *American College of Physicians* recommends acupuncture for chronic low back pain and the *American Academy of Otolaryngology-Head and Neck Surgery* for the treatment of allergic rhinitis. Australia's government-funded centralized health information service lists a dozen conditions for which evidence supports its use.

In acknowledgement of this growing recognition, ÖGA has invited some of the original authors responsible for contributing to this progress to our conference. Mike Cummings will come from UK and report on NICE Guidelines, Jun J Mao from *Memorial Sloan Kettering Cancer Center*, New York will talk about his experiences with breast cancer patients and the Guidelines of the *American Society of Clinical Oncology*. John Mc Donald will lecture on the *Australian Acupuncture Evidence Project*. Further international experts such as Benno Brinkhaus, Dominik Irnich, Moritz Hempten und Thomas Burgoon will discuss recent scientific findings in acupuncture research.

Acupuncture's inclusion in many official clinical guidelines is an important validation of acupuncture research and medical acupuncture practice. This body of guidelines and the science supporting them are a valuable resource of information for both the public and for all levels of healthcare practitioners.

A Round-Table discussion will be held to promote the exchange with health-policy makers and stakeholders, and to better incorporate acupuncture evidence into decision making within health systems.

This conference is organized as a continuous platform in cooperation with DÄGfA, ÖGA, SMS and the Czech Medical Acupuncture Society. The conference goal is to present up-to-date scientific developments in acupuncture research and to disseminate evidence on acupuncture. We hope that this informative conference will facilitate access to acupuncture and enable more patients to benefit from acupuncture therapy.

This congress will also present lectures and "hands-on" practical-clinical workshops to enable physicians to expand and deepen their knowledge.

We are looking forward to welcome you in Vienna!



Dr. Daniela Stockenhuber
President of ÖGA



Dr. Karin Stockert
Congress president



Dr. Matthias Lechner
Congress president

Saturday, April 20th 2024

SCIENTIFIC PROGRAM



Honorary Patronage: **Peter Hacker**,
Vienna's Executive City Councillor
for Health, Welfare and Sport

8.45	Daniela Stockenhuber // Welcome address	
8.50 – 9.10	Alexander Meng // Austrian Acupuncture Society: 70-year anniversary (G/E)	
9.10 – 9.30	Jun J. Mao // Oncology Acupuncture, evidence-informed integration (E)	
9.30 – 10.00	Mike Cummings // Integration of acupuncture into UK Healthcare - NICE Recommendations (E)	
10.00 – 10.20	John Mc Donald // The Acupuncture Evidence Project: 8 Indications rated as evidence of positive effect (E)	
10.20 – 11.00	Round Table (G/E)	
11.00 – 11.30	Snacks	
11.30 – 12.00	Moritz Hempten // Acupuncture Evidence Project (ACU-EVI): Data update from 2017-2023 (E)	11:30 – 12:30 Daniela Stockenhuber // Workshop Acupuncture for craniomandibular dysfunction (G)
12.00 – 12.30	Dominik Irnich // Status of acupuncture in German evidence based guidelines (E)	
12.30 – 13.30	Lunch	
13.30 – 14.00	Richard Crevenna // Role of acupuncture in oncologic pain therapy at Medical University Vienna (G)	13:30 – 14:30 Daniela Stockenhuber // Workshop Acupuncture for female pelvic pain syndrome (G)
14.00 – 14.30	Benno Brinkhaus // Recent studies on acupuncture and acupressure at Charité-Universitätsmedizin Berlin (E)	
14.30 – 15.00	Karin Stockert // Acupuncture in routine care within a large outpatient clinic in Vienna (ACUVIE) – a retrospective, observational study (preliminary data) (E)	14:30 – 15:30 You-Song Mosch-Kang // Workshop Korean Hand Acupuncture: Long COVID (G)
15.00 – 15.30	Peter Panhofer // Evidence mapping and plausibility of Acupuncture in metabolic medicine (E)	
15.30 – 16.00	Snacks	

16.00 – 16.20	Helmut Nissel // Importance of fascias in acupuncture (E)	16.00 – 16:30 Michaela Bijak // Self experience based Medicine – Mindfulness and awareness (G)
16.20 – 16.30	Erich Gornik // Transport- and impedance measurements on acupuncture meridians (E)	
16.30 – 18.00	Thomas Ots // Segmental Acupuncture as a new means of interpretation of acupuncture pathways (E)	

Sunday, April 21st 2024

SCIENTIFIC PROGRAM

9.00 – 9.30	Thomas Burgoon // Modern Science: Demonstrating Fundamental Postulates of Traditional Chinese Acupuncture (E)	
9.30 – 10.30	Jun J. Mao // Workshop: Oncology Acupuncture for women with Breast Cancer: a practical approach (E)	
10.30 – 10.50	Marion Mucha // Current evidence in veterinary acupuncture (E)	
10.50 – 11.10	Snacks	
11.10 – 11.30	Petra Bäumlner // Acupuncture: Adverse events - state of the current evidence (E)	11:10 – 12:00 Gisela Scharbert // Workshop: Acupuncture in migraine within a multimodal treatment approach at Medical University Vienna (G) (Body and ear-acupuncture concepts, headache-case studies, Biofeedback)
11.30 – 12.00	Johannes Nepp // About the dynamics of stress as a basis for acupuncture reactions (E)	
12.00 – 13.00	Olivia Pojer // Stasis syndromes in andrology- relevance and treatment of erectile dysfunction, male infertility and prostate diseases (E)	
13.00 – 14.00	Lunch	
14.00 – 14.30	Ladislav Fildan // Workshop: Collagen Injections and Biodermal Threads as Related Methods of Acupuncture in the Treatment of Musculoskeletal Disorders (E)	
14.30 – 16.00	Hans-Georg Ross // Workshop: Master Tung´s acupuncture for joint pain	
16.00	Closing remarks	

SPEAKERS



Dr. biol. hum. Petra BÄUMLER, MSc, MPH

Master of Science in Molecular Biotechnology and Public Health. Research assistant at the Multidisciplinary Pain Centre at the University of Munich LMU, Member of the science centre of the German Medical Acupuncture Society (DÄGfA)



Dr. Michaela BIJAK

Board member and secretary of ÖGA, Editorial Board: Deutsche Zeitschrift für Akupunktur



Univ.-Prof. Dr. Benno BRINKHAUS

Professor for Naturopathy, Head of the project division for Complementary and Integrative Medicine (CIM) and Head of the Charité outpatient clinic for CIM, Vice President Department Social medicine and Epidemiology, Health economics, and Prevention at Charité - Universitätsmedizin Berlin



Thomas BURGOON, MD

Past President: American Academy of Medical Acupuncture, Member of Board of Directors: International Council of Medical Acupuncture and Related Techniques (ICMART), Associate Editor in Chief: World Journal of Acupuncture and Moxibustion, Editorial Board: Medical Acupuncture



Univ. Prof. Dr. Richard CREVENNA, MBA, MMSc

Head of the Clinic for Physical Medicine, Rehabilitation and Occupational Medicine at Medical University Vienna, Board member of ÖGA



Mike CUMMINGS, MD

Medical Director of the British Medical Acupuncture Society
Honorary Clinical Specialist: University College London Hospitals
Associate editor: Acupuncture in Medicine



Ladislav FILDAN, MD

President of the Czech Medical Acupuncture Society of the Czech Medical Association, Clinic for Biological Holistic Medicine, Acupuncture and Treatment of Pain, Brno, Czech Republic
Anesthesiologist and intensive care physician



Univ. Prof. Dr. Erich GORNIK

Professor em. for Semiconductor Electronics and Director of the Micro- and Nanostructure Center (ZMNS) at the Technical University of Vienna. From 2003 to 2008 he was managing director of the Austrian Research Centers, Wittgenstein Award 1997, Erwin Schrödinger Award 2000, Fellow of the American Physical Society



Dr. med. univ. Moritz HEMPEN, M. Sc.

President of SMS (Societas Medicinae Sinensis): Internationale Gesellschaft für Chinesische Medizin e.V., Certified Physician of Chinese Medicine (CPC), Master of Science in TCM and lecturer at Technical University Munich (TUM) Specialist for internal medicine



Univ.-Prof. Dr. Dominik IRNICH

Head of the Interdisciplinary pain clinic at the Department of Anesthesiology at the Ludwig Maximilian University of Munich (LMU), Chairman and Director of the Training Centre of the German Medical Association for Acupuncture e.V. (DÄGfA)



Dr. Matthias LECHNER

Vice President and Board member of ÖGA, General practitioner, scientific activities in TCM-herbal medicine



Jun J. MAO, MD, MSCE

Chief of the Integrative Medicine Service at Memorial Sloan Kettering Cancer Center, Professor of medicine and population health sciences at Weill Cornell Medical College, Past president of the Society for Integrative Oncology, Co-President for the Society for Acupuncture Research (SAR). Dr. Mao's research has contributed to the evidence-based growth of acupuncture in cancer care.



Dr. John MCDONALD, PhD

Department of Chinese Medicine, Endeavour College of Natural Health, Queensland, Australia. Faculty for Doctor of Acupuncture and Oriental Medicine (DAOM) programme at the Academy of Chinese Culture and Health Sciences, Oakland, California, Vice-President for Research for Acupuncture Now Foundation, California.

SPEAKERS



Prof. Dr. Alexander Meng

Neurologist, Vice-President of ÖGA, 1. Vice-President of the Austrian Confederation of Holistic Medicine, Executive Council Member of the 4th Board of Specialty Committee of TCM Psychology of WFCMS



Dr. You-Song Mosch-Kang

General practitioner, Korean Hand Acupuncture, Lecturer of ÖGA



Dr. vet. med. Marion Mucha

Outpatient Clinic for Physical Therapy and Rehabilitation at the Vetmeduni Vienna, Veterinary Acupuncturist (CVA, IVAS), Veterinary Specialist in Vet. Sports Medicine and Rehabilitation



Dr. Johannes Nepp

Board member of ÖGA, Ophthalmologist and General practitioner



Prof. Dr. Helmut Nissel

Honorary President of ÖGA, Specialist for Internal Medicine



Prof. DDr. Thomas Ots

Gynaecologist, Studies of Chinese Medicine in Beijing and Nanjing, Past-Editor in Chief: Deutsche Zeitschrift für Akupunktur



Univ.-Prof. Dr. Peter Panhofer

Surgeon, Head of Department for Complementary Medicine at Sigmund Freud University, Vienna, Board member of ÖGA



Dr. Olivia Pojer

President of ÖGKA, Co-founder of FemmeoFertile, Lecturer at Medical University Graz, Fellow of the Acupuncture and TCM Board of Reproductive Medicine



Univ.-Prof. Dr. Hans-Georg Ross

Doctor for Physiology and General Practitioner, Acupuncturist, Fellow of the Indian Academy for Neurosciences und Emeritus Member at the Society for Neuroscience (USA)



Univ.-Prof. Dr. Gisela Scharbert

Head of the acupuncture outpatient clinic at Medical University Vienna, Specialist for Anesthesiology, Intensive care and Pain medicine



Dr. Daniela Stockenhuber

President of ÖGA
General practitioner
Private practice



Dr. Karin Stockert

Past President of ÖGA
Board member of International Council of Medical Acupuncture and Related Techniques (ICMART) - Chair: Herbal Committee

Congress venue:

Orthopädisches Spital Speising
Pavillon Steyl
Speisingerstraße 109, 1130 Vienna
Austria

Conference fees:

Members of ÖGA, DÄGfA, ÖGKA, SMS and Czech Medical Acupuncture Society: € 350.—
Non-Members: € 400.—

Registration:

Österreichische Gesellschaft für Akupunktur
c/o Klinik Hietzing, E-Gebäude, 1. Stock
Wolkersbergenstr. 1, A-1130 Wien
Tel.: 01 80110/3312 Mo – Fr 8.00 – 14.00
Email: office@akupunktur.at
Web: www.akupunktur.at

Scientific Board:

Dr. Michaela Bijak
Univ.-Prof. Dr. Richard Crevenna
Dr. Matthias Lechner
Prof. Dr. Alexander Meng
Dr. Johannes Nepp
Univ.-Prof. Dr. Peter Panhofer
Dr. Daniela Stockenhuber
Dr. Karin Stockert

Accreditation



20 fachspezifische Punkte



Saturday, April 20th 2024

19.30 Reception at Tiergarten Schönbrunn
20.30 Gala dinner: Kaiserpavillon
at Tiergarten Schönbrunn

Fee: Euro 60.00





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